

# **Eight Keys to the Ultimately Prosperous Business Summary of Recommended Tools & Techniques**

## **Class 1: Creating Prosperity Through Collaboration at Work**

- 1) Sacred Prosperity Contract ... commit to what you really want.
- 2) Circulate your money rather than spend it. Circulating it keeps you in the flow.
- 3) Clear Office Clutter ... clutter bogs you down and stops you in your tracks.
- 4) Center yourself in your heart when you make decisions. Think: gyroscope.

## **Class 2: Releasing Blockages to Success**

- 5) Set intentions rather than goals. Intentions open you to new possibilities.
- 6) Release blockages using Emotional Freedom & Healing Technique
- 7) Create daily quiet time to tap into your intuition ... to get answers.

## **Class 3: Quantum Physics and the Effects of Subtle Energy at Work**

- 8) Meditate daily ... meditation creates space for things to happen. Saves time.
- 9) Practice forgiveness. Doing so frees your energy field, releases blockages.
- 10) Pivot away from negative experiences. Feel them and choose to move away.
- 11) Tell a new story. Very powerful. Tell the story the way you'd like it to unfold.

## **Class 4: The Alchemy of Creating Desired Results**

- 12) Workshoping and Allowing ... focus 68 seconds of pure energy on desires
  - 13) Call upon your Universal Manager to support, guide and direct you.
  - 14) God Jar: hand everything beyond you over to God or the Universe to handle.
  - 15) Creation Box: images, words, pictures, symbols of what you want in this box
  - 16) Prayer of Leading: Universe, if this is for me, expand it. If not, take it away.
  - 17) Withdraw Attention from your old story ... and render it powerless.
  - 18) Tell a new story. Very powerful. Tell the story the way you'd like it to unfold.
  - 19) Create a Dream or Vision Board. Include images that represent your desires.
  - 20) Take positive action. Do something new, spontaneous, take a risk.
  - 21) Express gratitude as you pay your bills and for everything in your life.
  - 22) Tap into Abundance. Experience the energy and retain the feeling.
  - 23) Take an energy inventory of the following:
    - a. Sleep
    - b. Food/Weight
    - c. Exercise
    - d. Emotional energy and boundaries
    - e. Mental energy and boundaries
    - f. Relationships
- Focus on what increases your energy. Let go of what depletes it.
- 24) Rename yourself, using the format of "I am the one who...."

## **Class 5: Trusting the Process of Partnership**

- 25) List your beliefs about life, yourself and relationships. Re-author negative beliefs.
- 26) Use the God Jar and/or Creation Box

27) Do Emotional Freedom & Healing short 2 point releases.

### **Class 6: Business Timing for Success**

- 28) Use your prosperity training to thrive during our economic transformation cycle.
- 29) Avoid important actions during Time-Outs.
- 30) Pay attention to Moon Phases when starting new projects.
- 31) Know the Final Result when you start new projects or sign contracts.
- 32) Use Green \$ or high growth/good financial days for promotions, donations, fun.
- 33) Plan to RE-do, re-work, research, rewrite, repair, and catch up during Mercury retrograde.
- 34) Reconsider finances and relationships during Venus retrograde.
- 35) Do personal and business strategic planning during Mars retrograde.
- 36) Use The Good Timing Guide, the Today's Guide (free at [www.polarisbusinessguides.com](http://www.polarisbusinessguides.com)) or other astrology calendars to determine when Time-Outs occur weekly and be aware of other cycles.

### **Class 7: Optimizing Your Office for Ease and Flow**

- 37) Create a welcoming entrance.
- 38) Place your desk in a command position
- 39) Remove all clutter.
- 40) Energize your office: Bagua and Enhancements
- 41) Do the three Secrets Reinforcements to strengthen cures and adjustments
- 42) Move 27 items that have not been moved in a year
- 43) Place a wealth cure in the back left corner of your office or desk

### **Class 8: Wealth Building for Stakeholders**

- 44) Establish a Wealth Building budget
- 45) Expand your Business and Personal Wealth Ceiling
- 46) Manage YOUR money
- 47) Donate or tithe *in joy*
- 48) Recognize that every dollar is a money seed
- 49) Choose faith and trust over fear
- 50) Make conscious choices
- 51) Always pay your bills joyfully
- 52) Maintain the energy in your company/your creations
- 53) Make choices that bring you joy and excitement
- 54) Monitor and track the energy behind your decisions
- 55) Mind your wealth.

Check out this song/video, I Choose Love at: <http://shawngallaway.com/>