

Eight Keys To The Ultimately Prosperous Business

Class 2

Recording for class 2: <http://attendthisevent.com/?eventID=37659162>

Password: Prosper

Theme: Releasing Blockages to Success
Tools: Expand Your Goals to Intentions
Emotional Freedom and Healing Release
Daily Quiet Time for Tapping into Your Intuition

Today's main points are:

Blockages and Entanglement

- Blockage is the opposite of flow. It creates contrast. As humans, our lives are all about continually creating and evolving through selective sifting and sorting of preferences and contrast. We get to choose what we want and what we don't want. We co-create our experiences with the larger force of the Universe and we become *entangled* with the creative force of the Universe.
- From The Divine Matrix by Gregg Braden,
The experiment was performed by the University of Geneva, in Switzerland. Scientists split a photon and created twins with identical properties. They fired both particles away from each other, in opposite directions. Each particle was in a fiber-optic chamber with 2 pathways. The end targets were 14 miles apart. When the particles reached the part where they had to make a choice and follow one path or another, they both made the same choices and traveled the same path, in opposite directions. The same result occurred every time the experiment was repeated.

The twin particles acted as if they were connected, even though they were separate and had no communication with one another. Even as the photons were separated, if one of them was modified, the other photon automatically changed as well. Scientists call this "quantum entanglement."

The two particles, although separate, acted as if they were connected and related. When a change happened in the first, it also happened in the second. We are learning that things can be connected energetically as well as physically. This helps to explain how we are energetically connected to one another via thoughts, feelings, emotions, belief systems and more.

Meridian Tapping Points for the Emotional Freedom and Healing Release

1. **Karate Chop** area, Edge of Either Hand (outside edge of hand, below little finger) If you are holding the phone, you can tap on the edge of your desk or tabletop.
2. **Heart Point** ... Tender Spot, Left Side of Chest - Locate a tender, or sensitive spot on left side of chest. For most of us it is beneath the collarbone and above the breast area on the left side. Find the spot on yourself by pressing, using one or two fingers, around this area until you find a spot that is more tender, or sensitive than the area around it. We will be rubbing that spot in a small circle.
3. **Eyebrow** -(either eyebrow, tap on the end, near the bridge of nose)
4. **Under the Eye** (about 1' below either eye, on bone)
5. **Under the Nose** (above upper lip with index finger)
6. **Chin** (below lower lip, crease where chin starts)
7. **Beginning of Collar Bone** (inside end of either CB, on end below the throat)
8. **Four inches under Armpit** (side on rib cage)
9. **Under Breast**, either side, on ribs - (Men, about 1' below nipple)
10. **Side of Little Finger** (side near ring finger, at base of nail) Note: If you will be holding a regular phone, you can easily tap this area using the thumb of the same hand.
11. **Inside of wrist** (pulse point area) - Where many people fasten their watch band.
12. **Crown of Head** (We will simply be resting open hand, palm down on crown)
13. **Small Bump on Base of Skull** - There is a little bump on the base of the skull (on bone) just before the neck starts. It may be easier to find if you feel the area while your head is bent slightly forward (downward) toward your chest.

Notes:

Tool: EF& H Short 2 Point Release

This is a simple Emotional Freedom & Healing© (EF&H) process that you can do yourself. We did a longer form in class, focusing on time, money, prosperity, wealth and abundance in all forms. You can plug any issue that you would like into the following format.

The issue I intend to release is (describe):

The EF&H Stress Release short version is as follows and only involves two points:

- a. The **Heart Point** which is that tender spot above the left breast, located somewhere underneath the collar bone (feel underneath the collar bone going towards the shoulder) and
- b. The **bony protrusion on the back of the head** where the skull meets the top of the neck.

For release of what is stressing you, focus on the problem or limitation or issue and gently rub on the heart point affirming any and all of the following statements:

“I intend, command and now let go of all limiting beliefs I took on in this or any other lifetime.”

“I release, let go, transmute and clear all aspects of these issues now and forever.”

“I now let go of all the fears and thoughts related to any beliefs that I am separate from all my good.”

“I revoke, rescind and release all agreements, all bonds, all contracts that are no longer in alignment with my true life purpose.”

“I am entitled to miracles in my life now.”

When you complete your statements, stop rubbing the spot and gently hold the point, taking a full breath in and out.

Affirmations: either gently tapping with a couple of fingers or using your entire hand to bring pressure to the bony protrusion on the back of the head, verbally affirm any statement that applies to the topic you are releasing. Here are some sample statements around money and success:

Affirmations

I have more than enough time every day.

I am confident that I can successfully make it on my own.

I know that time, money, prosperity and success is limitless.

I choose to love and approve of myself.

Money is constantly circulating in my life. It comes to me easily and effortlessly.

I deserve and experience love, money, vibrant health and success.

Living a prosperous and abundant life is my birthright and I claim it now.

I radiate success.

Time, prosperity, money and success come to me in unexpected ways.

My investments expand in delightful and unexpected ways.

I always have more than enough money.

My abundance makes everyone better off.

I deserve the very best in life and what's good now comes to me in endless ways.

Divine order is now established in my mind, emotions, body, soul and all my affairs.

I choose to live abundantly.

I now invoke a new contract that serves me perfectly to live a life of peace, joy, prosperity, now, in the future and forever.

I am delighted with this adventure.

I choose to have it be safe to show up fully in the world now.

Endless good comes to me now in endless ways.

So be it. So it is!

Take a deep cleansing breath in and out when you are done. Also, drink lots of water for a few days. Water helps to remove the toxins your body is releasing.

TOOLS:

- **Expand your goals into intentions:**

Our goals tend to be too narrowly focused, especially in terms of how they can or will be accomplished. With a goal we start at the wide end of a cone and focus down to a single point. Expand your goals into intentions instead, and open up to the many possible ways your intentions can be fulfilled. With an intention, we start at the point of the cone and expand outward to many possibilities. Let the Universe and others suggest ways your intentions can be created.

You do not have to know the HOW when you set an intention. Nothing ruins a good *what*, like a *how*. You let the Universe handle the how. You just stay focused on your intention and open to your messages from the Universe to get the how. So we encourage you to expand your goals into intentions.

- **Repeat the EF&H release or do the shorter Two-Point Release.** Remember to drink extra water when you do EF&H. Also realize that you may feel tired, sleepy, as if you have a cold, etc. This is part of the release process.

We encourage you to learn how to do EFT and release your blockages regularly. Learn more at www.emofree.com.

- **Create 5 – 10 minutes of daily quiet time to tap into your intuition.** You can get this time while you're taking a walk, journaling, meditating, or even doing the dishes. Pay attention to the signs, messages and signals you receive. Notice how your body feels. Notice who comes and goes from your life. When you activate anything without resistance, it comes to you very fast. Notice when this happens and how it happens. Practice activating on purpose.

Closing Quote:

From ***The Science of Getting Rich*** by Wallace D Wattles.

We recommend you get this **free** e-book online at www.scienceofgettingrich.net

Chapter 1: The Right to Be Rich ...

Whatever may be said in praise of poverty, the fact remains that it is not possible to live a really complete or successful life unless one is rich. No one can rise to his greatest possible height in talent or soul development unless he has plenty of money, for to unfold the soul and to develop talent he must have many things to use, and he cannot have these things unless he has money to buy them with.

A person develops in mind, soul, and body by making use of things, and society is so organized that we must have money in order to become the possessors of things. Therefore, the basis of all advancement must be the science of getting rich.

The object of all life is development, and everything that lives has an inalienable right to all the development it is capable of attaining.

A person's right to life means his right to have the free and unrestricted use of all the things which may be necessary to his fullest mental, spiritual, and physical unfoldment; or, in other words, his right to be rich.

In this book, I shall not speak of riches in a figurative way. To be really rich does not mean to be satisfied or contented with a little. No one ought to be satisfied with a little if he is capable of using and enjoying more. The purpose of nature is the advancement and unfoldment of life, and everyone should have all that can contribute to the power, elegance, beauty, and richness of life. To be content with less is sinful. It is perfectly right that you should desire to be rich. If you are a normal man or woman you cannot help doing so. It is perfectly right that you should give your best attention to the science of getting rich, for it is the noblest and most necessary of all studies. If you neglect this study, you are derelict in your duty to yourself, to God and humanity, for you can render to God and humanity no greater service than to make the most of yourself.

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