

Eight Keys To The Ultimately Prosperous Business

Class 1

Theme: Creating Prosperity Through Collaboration at Work
Tools: Prosperity Contract
Circulate Your Money
Clear Office Clutter
Gyroscope Centering

Today's main points are:

The Mayan Calendar and How we can Adapt to These Times

- Within the Mayan Calendar is a description of the increasing speed of the transformation of consciousness.
- This process starts with the cellular level of consciousness which lasted 16.4 billion years, and goes through a total of nine levels. Each succeeding stage of the evolutionary process is 20 times faster than the previous stage. The first stage is 16.4 billion years long, and the last stage (234 days) ended Oct. 28, 2011 (according to Carl Calleman). During the last stage we'll have transformed as much as the first stage of 16.4 billion years.
- Stage 7, the Planetary stage (which related to learning how to use power, the industrial revolution etc.) lasted from 1755 - Jan 5 1999, when we began the Galactic stage, which lasted until March 9, 2011.
- We began the final stage on March 9, 2011. That stage, according to Carl Calleman, is only 234 days long and it's about learning Universal Consciousness and the Consciousness of Co-creation. During that stage we did the same amount of transformation in 234 days as we did in the previous 12 years. We don't know if the Mayan Calendar actually ended that year or if it ended this past year on December 21, 2012. Either way, change has been very accelerated.

Notes:



- Gyroscope: the more change you introduce to it, the more stable and the more centered it becomes. The faster a gyroscope spins, the more stable it is.
- Imagine that you are a gyroscope and that the faster the changes occur, the more stable you are in your center. What is your CENTER? Your intuition, your heart, or higher wisdom. So as you become more and more centered in your intuition and your heart, the easier it becomes.
- As soon as you get out of your integrity, your intuition breaks. This happens when we're not following our hearts. When we're not taking actions according to what's in our hearts, we become out of integrity and lose our intuition. Then we can't spin faster and faster with all these changes. Our gyroscope is broken.
- View Ian Lungold's (now deceased) video at <http://www.redicecreations.com/article.php?id=2391>.
- View an article by Carl Calleman about the last period of transformation that began on March 9, 2011 at http://www.calleman.com/content/articles/dawn_of_the_unity_wave.htm
- What's happening at the physical level is that when we start feeling overwhelmed by all we have to do, our bodies make more and more chemicals associated with overwhelm, stress, and anxiety. The more this happens, the more receptor cells the body makes for those chemicals. Then in response to that, the body makes

even more chemicals for anxiety and overwhelm and then even more receptor sites for them. (See *The Biology of Belief* by Bruce Lipton.) We have to let go of our old methods, and use our hearts and intuition instead, so we can keep up with these changes and become more stable as we do so.

Notes:

Paradigm Shift

- Paradigm: a model, a belief system, and a way of thinking and acting.
- We have been in a significant paradigm shift since about 2000. We moved away from a model of working as individuals (where “I” win and you “lose”) and shifted to the current model of working together in a collaborative fashion where we genuinely help one with complete integrity.
- Structures that don’t fit the new model are dissolving and being reframed. The breakdown of our financial markets is a clear example of this.
- The paradigm shift has huge implications in the business world. The businesses that thrive and are sustainable will be those that walk their talk and live their values, truly care about people and are socially responsible.

Notes:

Two Shift Material

- Two Shift: The arrival of the new millennium number, 2, has changed the major ways in which we do business. Instead of aggressive competition, we're working collaboratively both internally, with our customers and suppliers. Partnering with others or your own Higher Wisdom is key to success in this millennium. Instead of Plan, Organize, and Control as a strategy, we recommend Intend, Partner and Emerge.
- The two awakens more receptive and intuitive energies within us. It's a feminine energy. We're changing to a more organic process, one that **allows** things to emerge in their own time instead of on an arbitrary schedule.
- Collaboration **REQUIRES TRUST** (while competition creates distrust). This is one of the major changes that's required now when you're doing business. Trusting others requires that first we must trust ourselves.

Notes:

The Energy of Money

- Money is energy and the way we exchange energy with others. Pay attention to the words you use, the thoughts you think and the feelings you express related to money. Are you attracting it or pushing it away?
- Each of us influences the outcome and money flow of whatever business we are in. Regardless of the position you are in, you influence what happens to you and around you through your thoughts and more importantly, your feelings.
- In *Creating Money* by Sanaya Roman and Duane Packer, two spiritual guides tell us that “The spiritual laws of money are universal laws that create abundance: the principles of ebb and flow, unlimited thinking, giving and receiving, appreciation, honoring your worth, clear agreements, magnetism and more.”
- They add that: “Abundance means more than having quantities of things. It means having things that fulfill you as well....You can learn to master money rather than being mastered by it. Through your mastery you will also allow situations and objects to leave your life gently and easily when you no longer need them, creating room for the next things that will serve you. There will be a natural flow of money, people, and things into and out of your life and each will serve your higher purpose and appear at exactly the right time.”
- Money is neutral. What money accomplishes is based on the intention of each person. Our energy patterns determine how it works in our lives. Set a positive tone and a positive vibration and money will flow to you more readily and more easily.

- What are our common expressions and beliefs about money?

Notes:

Creating Prosperity Through Collaboration

- Prosperity is actually *much* more than money. It's about having meaningful and fulfilling work, health and well being, loving and supporting relationships, creative ways to express ourselves, and experiencing joy and happiness on a daily basis. Money is only the beginning of prosperity.
- You can easily see that creating prosperity through collaboration is very important. Now is the time for group collaboration to create prosperity. As we go through this course, you will discover that anything or anyone that helps you stay in positive feelings is helping you to generate more money and more prosperity.
- An example: The economic system we have has become unsustainable in its present form. The economic system we create will depend primarily on the consciousness of everyone on this planet. If ever there was a time for group collaboration to create prosperity, now would be it.
- Consider ways you can partner or collaborate with others to create more prosperity.

Notes:

The Prosperity Contract

- **The Prosperity Contract** is a starting point to your prosperity path. Include the following in your customized version:
 1. **Your intention for your business or work.** (Describe the qualities you intend to experience in your work as a prosperous business.) This can include:
 - a. the kind of clients you want to work with,
 - b. the kind of colleagues and employees you want to work with,
 - c. your vision and passion that you want to bring to your business or work,
 - d. what allies you want to draw to yourself to assist you, if you're comfortable with non-physical energy sponsors or your Highest Intuitive Wisdom, you can add this too.
 2. **What are you willing to do or change to create the situation.**

Notes:

Sacred Prosperity Commitment

From this day forward, I, _____, commit to a life of abundance, prosperity, well-being and joy. I acknowledge that I am an expression of the Divine and all that is. As an expression of the Divine, I acknowledge that I have infinite creative flow. I am entitled to continual Universal support as it abounds in nature. I now claim my natural inheritance of abundance, well-being and prosperity.

I pledge:

- 1) To open to abundance, well-being and prosperity daily.
- 2) To bring joy and appreciation into my life, which supports the ongoing creation of prosperity and abundance.
- 3) To focus on what I want and to withdraw my attention from anything less.
- 4) To use contrast to discern and select my true desires.
- 5) To become conscious of how and when I attract prosperity to my life.
- 6) To partner with the Universe, trusting that I am fully supported for my highest good.
- 7) To joyfully and unconditionally give to others on a regular basis.
- 8) To choose happiness and joy every day.

This is a soul contract. It cannot be revoked by the negative energies of others, world events, malevolent curses, or any external cause. It remains in effect from lifetime to lifetime.

I choose to stand in the flow of the Abundant Universe. I choose this path freely with my mind, heart, body and soul.

So be it! So it is!

Your Signature

Date

You can place this commitment on your wall, mirror, desk or other location. Look for it on the Member Site and print it off.

TOOLS:

1. **Prosperity Contract.** Prepare a custom Prosperity Contract for you and your business or work within the next 2 weeks. Clearly state your intentions. Writing things down is so powerful and assists with manifestation. Bring this to the October 23rd Group Coaching session.
2. **“Circulate” your money**, rather than “spend” it. Circulation keeps it in motion. It keeps it coming and going. Spending implies that the money is being used up.
3. **Remove all clutter from your office.** Then, place an item in the upper left hand corner of your desk or office that represents growth, wealth, abundance or prosperity.
4. **Gyroscope:** Get yourself centered in your intuition and higher wisdom. Everyone has this. You can become more and more stable with all the many changes by using your intuition and staying in integrity.

Notes:

Personal Prosperity Contract:

Below is a blank contract for you to fill in as you like and a sample contract from Peg. Copy this blank one onto your word processor for ease in creating it. Fill it in as you desire:

Prosperity Contract

I _____, make a commitment on this day, _____, to create my ultimately prosperous and abundant business. I commit to shifting and transforming my thoughts and beliefs about money, energy, and the way I partner with my highest intuitive wisdom and with others to do business.

I affirm and align myself energetically with statements that carry the truth of prosperity in them.

I now create a new affirmational tape for myself with these truths.

(These are examples:)

I am a money magnate.

Abundance is my natural, spiritual birthright.

I truly trust the present moment, so the right response comes to me in every situation.

Because I trust the present moment, I don't need to be fearful of the past or future.

I create clients, products, great people to work with easily and effortlessly.

My business can accomplish or become anything with ease.

Add your own statements here:

I partner with:

Colleagues,

Clients,

My Highest Intuitive Wisdom

(List your people you will partner with:)

I have the courage to let go of my limiting beliefs and fears. I joyfully allow and open to the outcomes.

I affirm that the Universe supports me in this intention now. I release and allow all my good to show up for me now. I also know I am releasing it to a wider vision than I could imagine. I offer gratitude for the blessings coming to me right now. I embody infinite possibilities. I attune and align myself with the powerful transformational truth and energy of this document. My ultimately prosperous and abundant business is a reality now!

So be it! So it is!

(Sign your name)

Sample contract from Peg:

I, Margaret M. Donahue, make a commitment on this day, April 4, 2013, to create my ultimately prosperous and abundant business. I commit to shifting and transforming my thoughts and beliefs about money, energy, and the way I partner with my highest intuitive wisdom and with others to do business.

I affirm and align myself energetically with statements that carry the truth of prosperity in them:

- Abundance is my natural and spiritual birthright.
- I am a money magnet!
- I help and support many people worldwide who compensate me well for my skills, knowledge, guidance and wisdom.
- I co-create my business and life in more exciting and prosperous ways than I even imagine.
- I trust myself, the Universe and the present moment, to provide me with clarity, wisdom and guidance, so that I walk my path for my highest good and the highest good of all.
- I live a life of joy as I fulfill my highest potential.
- I shepherd my money well. It goes out and returns to me many times over.
- I prosper from good timing so the Universe's "wind" is at my back, assisting me with my projects.
- I prosper from the integration of my inner and outer energies and all that they bring to me.
- I attune to my daily Universal messages that assist me to co-create my true desires.
- I trust the Universal process and I know the Universe is always assisting me.

I partner with:

- The Universe, all my guides, non-physical partners, divine help and so forth, who are constantly with me, providing me with guidance, clarity, abundant blessings, and a continual flow of cash for all my needs and desires.
- Southern NH University to do a stellar job facilitating online classes to students.
- My consulting and coaching clients to assist them to transform their lives for their highest good.
- Madeline and other referral partners to create a continuous flow of client referrals among all of us.

- Madeline to co-author a best-selling book based on our work.
- My husband, Jack, to continue to live a life filled with excellent health and well-being, love, freedom, independence, prosperity and abundant blessings.
- My family, friends, colleagues, students and clients who support my efforts and accept me just the way I am, with unconditional love.

I courageously release my limiting beliefs and fears. I joyfully allow and open to the outcomes that are for my highest good.

I affirm that the Universe supports me in this intention now. I send forth my intentions and allow all my good to show up for me now. I also know I am releasing my requests to a wider vision than I could imagine. I offer gratitude for the blessings coming to me now and always. I embody infinite possibilities. I attune and align myself with the powerful transformational truth and energy of this document. My ultimately prosperous and abundant business is a reality now!

So be it! So it is!

Margaret M. Donahue

© 2013, Polaris Business Guides